

# PHILADELPHIA SUMMER CHAMPIONSHIPS

Hosted by  
**IceWorks Skating Club**  
bv



**July 30 – August 5, 2018**

Held at:  
**IceWorks Skating Complex**  
3100 Dutton Mill Road  
Aston, Pennsylvania 19014



Sanctioned by:



## **2018 Philadelphia Summer Championships**

<b><u>Dates:</u></b>	<b>July 30 – August 5, 2018</b>
<b><u>Deadline:</u></b>	July 4, 2018
<b><u>Location:</u></b>	IceWorks Skating Complex 3100 Dutton Mill Road Aston, PA 19014
<b><u>Competition Chairs:</u></b>	Lisa Shaw and Cheryl Wood
<b><u>Referees:</u></b>	Lori Dunn – IJS Events Jane Reno – 6.0 Events

**The Philadelphia Summer Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the 2018 U.S. Figure Skating rulebook including new amended provisions passed at the 2018 Governing Council.**

### **Eligibility**

This competition is open to all eligible, restricted, reinstated or readmitted person, who is a currently registered member of a U.S. Figure Skating member club, a collegiate club, a Compete USA program or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

The 2018 Philadelphia Summer Championships is a participating competition of the Ice Men program.

This competition is also sanctioned by Skate Canada and open to all eligible Canadian skaters. Please refer to the current rulebook for non-U.S. citizens.

### **Compete USA Eligibility**

Eligible competitors for Compete USA events may be members of a Learn to Skate USA Program or full members, in good standing of U.S. Figure Skating. Eligibility will be based only upon highest free skate test level passed (Moves in the Field test level will not determine skater's competitive level). Skaters may skate at highest level passed OR one level higher, but not both levels in the same event during the same competition. Skaters may not compete at more than one level in the same type event at the same competition.

### **Facility**

All events will be held at the IceWorks Skating Complex located in Aston, Pennsylvania. The complex has three ice surfaces measuring 85' X 200' and one ice surface measuring 100' X 200'. All rinks have rounded corners and hockey barriers.

The Complex features a full service cafe, a pro shop, a game room, and Pub and Grill.

### **Entry Information**

A skater may compete at their current test level and/or one level higher but not below. Test level is determined as of the close of entries, July 4, 2018.

The local organizing committee reserves the right to limit the number of competitors in each flight and

in each event, and to combine or divide groups. As soon as the schedule is available, it will be posted on our website, [www.iceworkssc.org](http://www.iceworkssc.org), and you will receive an email from the competition chair/s. Competitor Gifts will be included and can be picked up at the Registration Desk at check in.

**ENTRIES:**

Entries will only be accepted through online registration. Online registration using the U.S. Figure Skating EMS Portal via [www.usfsaonline.org](http://www.usfsaonline.org) is the ONLY method available to enter the competition.

**SKATE CANADA MEMBERS/FOREIGN SKATERS:**

Skate Canada and foreign skaters intending to register for this competition must set up a non-member account prior to registering for the competition. Please click [here](#) for additional information then follow the directions below for registration.

**REGISTRATION INSTURCTIONS:**

**IF REGISTRERRING FOR MULTIPLE EVENTS, PLEASE REGISTER ALL TOGETHER. YOU WILL NOT HAVE ACCESS TO ADD EVENTS AFTER INITIAL REGISTRATION HAS BEEN PROCESSED!**

- Go to [www.usfsaonline.org](http://www.usfsaonline.org) and enter log-in information
- Input your membership number (U.S. Figure Skating, Learn to Skate or Non-Member Account) and password
  - If you need assistance with your member number and/or password, email [EMSupport@usfigureskating.org](mailto:EMSupport@usfigureskating.org)
- Select "Events" on the top left of the home page
- Click on "Registration & Administration" then "Event Registration & Information"
  - Chose 2018 Philadelphia Summer Championships....

**Ice Men**

The 2018 Philadelphia Summer Championship is a 2018 Icemen designated competition. All male skaters who are registered members of the Icemen program are invited to attend the Icemen social held in conjunction with the competition. **Details regarding the Icemen social will be posted on [www.iceworkssc.org](http://www.iceworkssc.org) with date and time as well as registration process. This information will be emailed to all as well. Please note that this information will not be up until early June. Skaters not yet a part of the program may register for the social as well.**

**Entry Fees**

PARTNERED EVENTS: only one member of the team registers for this competition, if doing both Singles and Pairs/Couples/Duets events, Singles event will be your first event.

**IJS EVENTS**

Singles and Pairs: Pre Juvenile through Senior (Short and Long Programs are considered separate events)

<u>1<sup>st</sup> Event</u>	<u>2<sup>nd</sup> Event and all additional events</u>
\$170.00	\$90.00

**6.0 EVENTS**

Singles, Pairs and Showcase Duets: All events (except those identified as Compete USA) including Adults

<u>1<sup>st</sup> Event</u>	<u>2<sup>nd</sup> Event and additional events</u>
\$125.00	\$65.00

**Compete USA:**

Basic Elements and Basic Program Events including Free Skate 1 – 6 and Showcase Duets

<u>1<sup>st</sup> Event</u>	<u>2<sup>nd</sup> Event and additional events</u>
\$65.00	\$40.00

**\*\*\* NO REFUNDS WILL BE GIVEN FOR ANY REASON EXCEPT IN CASE OF AN EVENT CANCELLATION.\*\*\***

## **Final Rounds**

There will be final rounds for ALL Introductory, Test Track and Well-balanced Free Skate events having two or more flights and Pre Juvenile, Juvenile, Intermediate, Novice and Junior Short and Long events having 21 or more entries. The number of skaters advancing to the Final Round will be determined by the number of entries received and will be posted at the registration desk and with the starting order postings. Senior Ladies may be combined into one group depending on the number of entries for the Short and the Long.

## **EMS Skater Portal**

Once registration and payment are complete, skaters will gain access to their EMS Skater Portal. You may access your portal by clicking on the EMS tab or blue Event Management System button on the [Members Only](#) landing page. **\*\*REMINDER: If in a partner event, only the partner who registered for the competition will have access to the EMS Skater Portal\*\***

- **Music**  
**DEADLINE: JULY 16<sup>th</sup> at 11:00 pm ET**  
**\$20.00 LATE FEE WILL BE ASSESSED FOR THOSE WHO MISS DEADLINE**
  - In your Skater Portal, select Music & Planned Program Content
  - Select the INCOMPLETE button to begin your upload.
  - Review music file requirements on the bottom left portion of the screen.
  - Under Music File Requirements, click Upload New Music. Select the desired MP3 file from your personal device.
  - Listen to the file to make sure it is correct. If it is, click Confirm
  - Provide copyright information. Due to U.S. Figure Skating's music licensing agreements, we are required to collect all copyright information for music at our sanctioned events. Information is required for each piece of music used.
  - Once copyright information has been completed, click Close to submit.
- **Competitors must also bring a copy of their competition music on CD as a backup in case of technical difficulties.**
  
- **Planned Program Content (PPC) - \*IF COMPETING IN AN IJS EVENT\***  
**DEADLINE: JULY 16<sup>th</sup> at 11:00 pm ET**  
**\$20.00 LATE FEE WILL BE ASSESSED FOR THOSE WHO MISS DEADLINE**
  - Select Music & Planned Program Content
  - Select the INCOMPLETE button next to your event.
  - Click the ADD ELEMENTS button and select an element TYPE (jumps, spin, step sequence, etc.) and ELEMENT (specifics). Ex. TYPE: Jump; ELEMENT: Double-Toeloop
  - Repeat for all elements in your program
  - Once all elements have been added, select CONFIRM PPC to submit.
  
- **My Coaches**
  - Go to the My Coaches tab
  - Use the Search button to locate your coach.
    - It is recommended that you use your coach's member number to search for them. Some coaches may have multiple member numbers, or another coach may have the same name. Using a member number assures that you are adding the correct person to your profile
  - Adding a coach to this page will allow them to:
    - See your entry information and status of Music & PPC uploads as well as your competition and practice ice schedules
    - Receive a credential at the event as long as they meet all compliance requirements.

*\*Also available through the Skater Portal is practice ice sales. See the Practice Ice section of this announcement for more information.*

## **Critiques**

There will be critiques for all initial rounds of **Pre Juvenile**, Juvenile, Intermediate, Novice, Junior and Senior events. These will be individual skater critiques. These critiques will be conducted by national, international and world judges as well as a member of the Technical Panel. Coaches and competitors are invited to attend. Please check rink postings for the time and location of your event's critique room.

**NEW!** Group critiques will be offered for all **Pre Preliminary** and **Preliminary Well balanced** free skate competitors.

## **Liability**

U.S. Figure Skating, IceWorks Skating Club and IceWorks Skating Complex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

## **Awards**

Medals will be awarded for first, second, third and fourth place winners in each group for both initial and final rounds. Award presentations will be made based on the schedule which will be posted at the arena.

## **Practice Ice**

Practice Ice will be available for purchase via the Event Management System (EMS) through the Skater Portal. To purchase practice ice, visit the Practice Ice tab in your Skater Portal for the event. This tab will only be available during the designated sales periods outlined below.

*Pre-Purchase:* Skaters will be able to pre-purchase **3** credits for practice ice *AFTER* they register for the competition. Please check the competition website for the pre-purchase deadline.

- Selection: Skaters who pre-purchased credits will be able to choose their sessions once the schedule has been released. An email notification will be sent to alert competitors when the schedule is available and selection will begin. (Only those that pre-purchased their practice ice will be able to select dates/times during this period)

*Open Sales:* All skaters will be able to purchase additional practice ice after the initial selection period above until July 27, 2018 at 11:59pm.

*On-Site Sales:* Additional slots may be purchased at the rink, in person beginning on July 30, 2018.

### **Practice Ice Session Options by Level**

<b>LEVEL</b>	<b>EVENTS INCLUDED</b>
<b>Basic</b>	All Compete USA, Test Track, Beginner through Open Juvenile and Adult events and Pre Juvenile Pairs (this excludes Pre Juvenile FS)
<b>Low</b>	All Pre Juvenile, Juvenile and Intermediate events
<b>Medium</b>	All Intermediate and Novice Events
<b>High</b>	All Novice, Junior and Senior Events
<b>Pairs</b>	All Pairs

Practice ice will be available on all rinks where events are not being held. If a rink (1, 2 or 3) has scheduled competition that day, practice ice will be available early in the morning, prior to the scheduled events. If schedule permits, additional sessions on these competition rinks will be made available after the end of a day's events. Rink 4 will be used solely for practice ice.

## **Video and Photography**

A professional video service and photographers will be available throughout the competition. Those interested in videotaping for personal use will be asked to use designated areas. There are NO electrical outlets available rink side, and **tripods will NOT be permitted in the building.** **There will be NO flash photography permitted in the arena.**

## **INFORMATION REGARDING COACHES:**

U.S. Figure Skating Rule MR 5.11 Coach Compliance

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- Current full member in good standing with U.S. Figure Skating.
- Completed SafeSport Training (the online program is FREE to U.S. Figure Skating Members via [www.usfsaonline.org](http://www.usfsaonline.org) and is valid for two (2) years after the competition date.
- Successful background check (green light status)
- Completed Professional coach/Choreographer CER program (available through [www.skatePSA.com](http://www.skatePSA.com). Note, a coach does not need to be a PSA member to complete the courses.
- Proof of Current General Liability Insurance.

## **FOR LEARN TO SKATE USA (COMPETE USA) ONLY COACHES:**

Any person, 18 and older, instructing a Learn to Skate USA Program must have successfully passed the annual background screen, be registered as a Learn to Skate USA instructor and completed the Learn to Skate USA Instructor Certification or U.S. Figure Skating Coach Compliance.

## **CANADIAN AND FOREIGN COACH COMPLIANCE:**

Non-U.S. Figure Skating coaches accompanying foreign skaters to this competition must provide a letter from their federation documenting they are a member in good standing and have permission to participate at this competition.. Federation letters can be uploaded after U.S. Figure Skating account creation via the EMS Portal. Click [here](#) for more information.

\*\*Skate Canada coaches can provide their membership cards in lieu of a federation letter. The local organizing committee/club will have a list of compliant coaches (who have been associated by their skaters via registration or the EMS Skater Portal). Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

\*\*All coaches that have been included with a skater registration or updated via EMS will have access to their skater(s) registration information, music/PPC compliance and schedule information via the EMS Coaches Portal.

## **Vendors**

A variety of vendors, including costume and boot vendors will be onsite during the competition. For a complete list of vendors attending, please check the event website at [iceworkssc.org](http://iceworkssc.org). The Pro Shop will be open during the event.

**Travel**

Philadelphia International Airport (PHL) – serving the Philadelphia area - is the closest to the skating complex (13 miles North). Wilmington Train Station is 13 miles to the South of the skating complex.

**Accommodations**

Please check the event website, [www.iceworkssc.org](http://www.iceworkssc.org), for a list of hotels located in the area where room blocks and special rates have been set up. Please be sure to mention that you are coming to the Philadelphia Summer Championships at IceWorks for these special rates.

**Contact Information**

For the latest information regarding the competition, please check the IceWorks Skating Club's website at [www.iceworkssc.org](http://www.iceworkssc.org).

For further questions, please contact Lisa Shaw by email at [lshaw@iceworks.net](mailto:lshaw@iceworks.net) or by phone at 610-497-2200 Ext. 117

# EVENTS OFFERED/REQUIREMENTS

General event parameters:

1. Skaters may not enter both a Well balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, and/or skate up to one level higher.
4. All relevant and appropriate IJS rules will be used. Coaches and athletes are expected to be aware of these rules by reading the documents on [www.usfigureskating.org](http://www.usfigureskating.org) , under "Technical Information," then "Singles/Pairs".

## **SINGLES (IJS)**

\*Based on the 2018-19 Singles Requirements (subject to change) – click [here](#) to review updates

Level	Short Program	Long Program	Test Requirement
<b>Senior</b> <i>See rule 4200</i>	2:40 ± 10 sec	Ladies: 4:00 ± 10 sec Men: 4:00 ± 10 sec	Passed at least Junior Free Skating Test
<b>Junior</b> <i>See rule 4210</i>	2:40 ± 10 sec	Ladies: 3:30 ± 10 sec Men: 3:30 ± 10 sec	No higher than Junior Free Skating Test
<b>Novice</b> <i>See rule 4220</i>	2:30 max	Ladies: 3:00 ± 10 sec Men: 3:30 ± 10 sec	No higher than Novice Free Skating Test
<b>Intermediate</b> <i>See rule 4230</i>	2:10 max	2:40 ± 10 sec	No higher than Intermediate Free Skating Test
<b>Juvenile</b> <i>See rule 4240</i>		2:20 ± 10 sec	No higher than Juvenile Free Skating Test
<b>Pre Juvenile</b> <i>See rule 4250</i>		2:00 ± 10 sec	No higher than Pre Juvenile Free Skating Test

## **PAIRS (IJS)**

\*Based on the 2018-19 Pairs Requirements (subject to change) – click [here](#) to review updates

Level	Short Program	Long Program	Test Requirement
<b>Senior</b> <i>See rule 5200</i>	2:40 ± 10 sec	4:00 ± 10	Both partners passed at least Junior Pair Test
<b>Junior</b> <i>See rule 5210</i>	2:40 ± 10 sec	3:30 ± 10	No higher than Junior Pair Test for both partners
<b>Novice</b> <i>See rule 5220</i>	2:50 max	3:30 ± 10	No higher than Novice Pair Test for both partners
<b>Intermediate</b> <i>See rule 5230</i>	2:30 max	3:00 ± 10	No higher than Intermediate Pair Test for both partners
<b>Juvenile</b> <i>See rule 5240</i>		2:30 ± 10	No higher than Juvenile Pair Test for both partners
<b>Pre-Juvenile</b> <i>See rule 5250</i>		2:00 ± 10	No higher than Preliminary Pair Test and Pre-Juvenile MIF Test for both partners



## **SNOWPLOW SAM – BASIC 6 PROGRAM WITH MUSIC (6.0)**

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level. Bonus skills from the same level or below are allowed but will not be judged elements.

Level	Time	Skating rules/standards
Snowplow Sam	1:10 max.	<ul style="list-style-type: none"> <li>• March followed by a two-foot glide and dip</li> <li>• Forward two-foot swizzles, 2-3 in a row</li> <li>• Forward snowplow stop</li> <li>• Backward wiggles, 2-6 in a row</li> </ul>
Basic 1	1:10 max.	<ul style="list-style-type: none"> <li>• Forward two-foot glide and dip</li> <li>• Forward two-foot swizzles, 6-8 in a row</li> <li>• Beginning snowplow stop on two-feet or one-foot</li> <li>• Backward wiggles, 6-8 in a row</li> </ul>
Basic 2	1:10 max.	<ul style="list-style-type: none"> <li>• Forward one-foot glide, either foot</li> <li>• Scooter pushes, right and left foot, 2-3 each foot</li> <li>• Moving snowplow stop</li> <li>• Two-foot turn in place, forward to backward</li> <li>• Backward two-foot swizzles, 6-8 in a row</li> </ul>
Basic 3	1:10 max.	<ul style="list-style-type: none"> <li>• Beginning forward stroking showing correct use of blade</li> <li>• Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-6 consecutive</li> <li>• Forward slalom</li> <li>• Beginning backward one-foot glide, either foot</li> <li>• Moving forward to backward two-foot turn on a circle</li> </ul>
Basic 4	1:10 max.	<ul style="list-style-type: none"> <li>• Backward one-foot glides, right and left</li> <li>• Forward outside edge on a circle, clockwise or counter clockwise</li> <li>• Forward crossovers, 4-6 consecutive, both directions</li> <li>• Beginning two-foot spin, maximum 2-4 revolutions</li> <li>• Backward ½ swizzle pumps on a circle, one direction only</li> </ul>
Basic 5	1:10 max.	<ul style="list-style-type: none"> <li>• Backward outside edge on a circle, clockwise or counterclockwise</li> <li>• Backward crossovers, 4-6 consecutive, both directions</li> <li>• Advanced two-foot spin, maximum 4-6 revolutions</li> <li>• Forward outside three-turn, right and left</li> <li>• Hockey stop</li> </ul>
Basic 6	1:10 max.	<ul style="list-style-type: none"> <li>• Forward inside three-turn, right and left</li> <li>• Bunny Hop</li> <li>• Forward spiral on a straight line, right or left</li> <li>• Beginning one-foot spin, 2-4 revolutions, optional free leg held position and entry</li> <li>• T-stop, right or left</li> </ul>

## PRE-FREE SKATE – FREE SKATE 6 PROGRAM WITH MUSIC (6.0)

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	<ul style="list-style-type: none"> <li>• Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise</li> <li>• One-foot upright spin, optional entry and free-foot position (minimum three revolutions)</li> <li>• Mazurka</li> <li>• Waltz jump</li> </ul>
Free Skate 1	1:40 max	<ul style="list-style-type: none"> <li>• Forward power stroking, 4-6 consecutive strokes</li> <li>• Upright spin, entry from backward crossovers - minimum 4-6 revolutions</li> <li>• Toe loop jump</li> <li>• Half flip jump</li> </ul>
Free Skate 2	1:40 max.	<ul style="list-style-type: none"> <li>• Alternating forward outside and inside spirals on a continuous axis (2 sets)</li> <li>• Beginning back spin, up to two revolutions</li> <li>• Half Lutz</li> <li>• Salchow jump</li> </ul>
Free Skate 3	1:40 max	<ul style="list-style-type: none"> <li>• Alternating Mohawk/crossover sequence, right to left and left to right</li> <li>• Advanced back spin with free foot in crossed leg position, min 3 revs</li> <li>• Loop jump</li> <li>• Waltz jump-toe loop or Salchow-toe loop jump combination</li> </ul>
Free Skate 4	1:40 max.	<ul style="list-style-type: none"> <li>• Forward power 3's, 2-3 consecutive sets, right or left</li> <li>• Sit spin - minimum three revolutions</li> <li>• Half Loop jump</li> <li>• Flip jump</li> </ul>
Free Skate 5	1:40 max.	<ul style="list-style-type: none"> <li>• Backward outside three-turn, Mohawk (backward power three-turn), both directions</li> <li>• Camel spin - minimum three revolutions</li> <li>• Waltz-loop jump combination</li> <li>• Lutz jump</li> </ul>
Free Skate 6	1:40 max.	<ul style="list-style-type: none"> <li>• Split jump or stag jump</li> <li>• Camel, sit spin combination - minimum of four revolutions total</li> <li>• Waltz jump, ½ loop, Salchow jump sequence</li> <li>• Beginning Axel jump</li> </ul>

## INTRODUCTORY FREE SKATE PROGRAM (6.0)

### General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>	Max. 2 spins: <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>	Max. 2 spins: <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests

## WELL BALANCED FREE SKATE PROGRAM (6.0)

### General event parameters:

- Skaters may not enter both a Well balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, and/or skate up to one level higher.
- Elements marked with \* are required.

Level	Jumps	Spins	Step Sequences
<b>NO TEST</b> 1:40 maximum	Max. 5 jump elements: All singles jumps allowed except for single Axel: <ul style="list-style-type: none"> <li>• No single Axels, double, triple or quadruple jumps allowed</li> <li>• Number of singles jumps (except single Axels) is not limited provided the max. number of jump elements is not exceeded</li> </ul>	Max. 2 spins: <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> </ul> Min. 3 revolutions	Max. 2 spins: <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry Min. 3 revolutions</li> </ul>
<b>PRE-PRELIMINARY</b> 1:40 maximum	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>• All single jumps, including the single Axel, allowed               <ul style="list-style-type: none"> <li>○ No double, triple or quadruple jumps allowed</li> <li>○ Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)</li> <li>○ Number of single jumps is not limited provided the maximum number of jump elements allowed is not</li> </ul> </li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>• Spins may change feet and/or position</li> <li>• Spins may start with a flying entry</li> <li>• Min 3 revs.</li> </ul> These spins must be of a	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>• Step Sequence               <ul style="list-style-type: none"> <li>○ Must use one-half the ice surface</li> <li>○ Moves in the field and spiral sequences are allowed but will not be counted as elements</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>exceeded</li> <li>Max 2 jump combinations or jump sequences <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed</li> <li>Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul>	<p>different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<ul style="list-style-type: none"> <li>Jumps may be included in the step sequence</li> </ul>
<p><b>PRELIMINARY</b> 1:30 +/- 10 sec</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump or a waltz jump*</li> <li>All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop) <ul style="list-style-type: none"> <li>Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed</li> <li>An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed</li> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>Step Sequence <ul style="list-style-type: none"> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<p><b>OPEN JUVENILE</b> 2:20 +/- 10 sec</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single and double jumps, including the double Axel, allowed <ul style="list-style-type: none"> <li>No triple or quadruple jumps allowed</li> <li>No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence <ul style="list-style-type: none"> <li>If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>No double jump can be included more than twice</li> </ul> </li> <li>Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed</li> <li>Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <p>1 spin combination; with or without change of foot*</p> <ul style="list-style-type: none"> <li>Min 8 revs</li> <li>Min 2 revs in each position</li> <li>1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> <li>Min 5 revs</li> </ul> </li> </ul> <p>Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>One choreographic step sequence* <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> </ul> </li> </ul>

## TEST TRACK FREE SKATE EVENT (6.0)

General event parameters:

- Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same non qualifying competition.
- Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
- Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
- Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
- The following deductions will be taken:
  - 0.1 from each mark for each technical element included that is not permitted in the event description.
  - 0.2 from the technical mark for each extra element included.
  - 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 maximum	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>• Single rotation jumps: Salchow, toe loop and loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test
Juvenile 2:20 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps, including Axel, are permitted.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>• One combination spin with one change of foot and at least one change of position, must</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test

		<p>include two of the basic spin positions. (Min. 4 revolutions per foot)</p> <ul style="list-style-type: none"> <li>• Only solo spin may fly</li> </ul>		
<p>Intermediate</p> <p>2:40 +/- 10 sec.</p>	<p>Maximum of 6 jump elements:</p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow and double toe loop.</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p>Maximum of 2 spins:</p> <ul style="list-style-type: none"> <li>• One must be a flying spin (min 5 revolutions),</li> <li>• One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p>Maximum of 7 jump elements for men and 6 for ladies:</p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p>Maximum of 3 spins, of a different nature:</p> <ul style="list-style-type: none"> <li>• One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>• The other spins are the option of the skater (min 6 revolutions per foot)</li> <li>• All spins may fly</li> </ul>	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 &amp; 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>

<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>• Any single jumps.</li> <li>• Must include at least four different double jumps, one must be a double Lutz.</li> <li>• Triple jumps are not permitted</li> <li>• Maximum of 3 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position (Min. 6 revolutions)</li> <li>• One flying spin (Min. 6 revolutions)</li> <li>• One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 &amp; 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>
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## ADULT FREE SKATE (6.0)

This chart is based on the 2017-18 Adult Singles Free Skating Requirements (check [here](#) for updates post Governing Council (May 2018)) **AND** highlights the elements in each program. It is not meant to replace the reading of the rules in the current version of the U.S. Figure Skating Rulebook. Should this chart disagree with the current U.S. Figure Skating Rulebook in any aspect, the rulebook takes precedence.

### 6.0 System Penalties:

- 0.1 in each mark for each illegal element
- 0.1 in 1st mark for insufficient revs.
- 0.2 in 1st mark for each jump and/or spin element exceeding max.
- 0.1 in each mark for time violation
- 0.1 in 1st mark for step seq. not utilizing the ice as prescribed.
- 0.2 in 1st mark if a required element is omitted

NOTE: All times are MAXIMUM times. There is no +/- 10 second leeway for adult programs. All programs over the maximum time will receive a deduction.

Level	Jumps	Spins	Step Seq.
<p><b>MASTERS JUNIOR-SENIOR</b></p> <p><b>3:40 maximum</b> * means element is required</p>	<p><b>Max 7 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Max 3 combinations or sequences</li> <li>• 1 jump combination may contain 3 jumps; the remaining jump combinations are limited to 2 jumps</li> <li>• Number of jumps in sequence is unlimited, but only the 2 highest-value jumps in a jump sequence will be counted</li> <li>• No Axels or multi-rotation jumps may be repeated more than once, and if repeated, those jumps must be in combination or sequence <ul style="list-style-type: none"> <li>• If both executions (of the same Axel or multi-rotation jump) are as solo jumps, the second of these jumps will</li> </ul> </li> </ul>	<p><b>Max 3 Spins</b></p> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 5 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<p><b>Max 1 Step Sequence</b></p> <ul style="list-style-type: none"> <li>• 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals) <ul style="list-style-type: none"> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and</li> </ul> </li> </ul>

	receive 70% of its original base value		marked as such.
<b>MASTERS INTERMEDIATE- NOVICE</b>  <b>3:10 maximum</b> * means element is required	<b>Max 6 Jump Elements</b> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• Max 3 combinations or sequences</li> <li>• 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps</li> <li>• Only 1 jump combination or sequence may include 2 double jumps</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence <ul style="list-style-type: none"> <li>• If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>• All single jumps and the following double jumps are permitted: double toe loop, double Salchow, double loop</li> <li>• Double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 5 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<b>Max 1 Step Sequence</b> <ul style="list-style-type: none"> <li>• 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals)</li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
<b>ADULT GOLD</b>  <b>2:40 maximum</b>	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>• Max 3 combinations or sequences</li> <li>• 1 jump combination/sequence may contain 3 jumps; the remaining jump combinations/sequences are limited to 2 jumps</li> <li>• Each jump combination or sequence may include only 1 double jump</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence <ul style="list-style-type: none"> <li>• If both executions of the same jump are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>• All single jumps, including the single Axel, and the following double jumps are permitted: double toe loop, double Salchow.</li> <li>• Double loop, double flip, double Lutz, double Axel and triple jumps are not permitted</li> </ul>	<b>Max 3 Spins</b> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 4 revs total if no change of foot</li> <li>• Min 4 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<b>Max 1 Step Sequence</b> <ul style="list-style-type: none"> <li>• 1 choreographic step sequence, fully utilizing the ice surface (may include moves in the field and spirals)</li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
<b>ADULT SILVER</b>  <b>2:10 maximum</b>	<b>Max 5 Jump Elements</b> <ul style="list-style-type: none"> <li>• Max 2 combinations or sequences</li> <li>• 1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps</li> <li>• Additional jump sequences which contain non-listed jumps of not more than 1 revolution performed as part of connecting footwork preceding single jumps are permitted</li> <li>• Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>• All single jumps, including single Axel, are permitted</li> </ul>	<b>Max 2 Spins</b> <ul style="list-style-type: none"> <li>• Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>• Min 3 revs total if no change of foot</li> <li>• Min 3 revs each foot if change of foot</li> <li>• Min 2 revs in each position</li> </ul>	<b>Max 1 Sequence</b> <ul style="list-style-type: none"> <li>• <u>1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)</u></li> <li>• Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as</li> </ul>



	<ul style="list-style-type: none"> <li>No double or triple jumps are permitted</li> </ul>		transitions and marked as such.
<p><b>ADULT BRONZE</b></p> <p><b>1:50 maximum</b></p>	<p><b>Max 4 Jump Elements</b></p> <ul style="list-style-type: none"> <li>Max 2 combinations or sequences;</li> <li>1 combination/sequence may contain 3 jumps, and the other may contain only 2 jumps</li> <li>Each jump may be repeated only once, and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>All single jumps are permitted (except single Axel)</li> <li>No single Axel, double or triple jumps are permitted</li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>Spins must be of different character (for definition, see U.S. Figure Skating rule 4103 (E))</li> <li>Min 3 revs total if no change of foot</li> <li>Min 3 revs each foot if change of foot</li> <li>Min 2 revs in each position</li> <li>No flying spins are permitted</li> </ul>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li><u>1 choreographic step sequence, fully utilizing at least ½ of the ice surface (may include moves in the field and spirals)</u></li> <li>Additional moves in the field, spiral and step sequences will not be counted as elements but will be counted as transitions and marked as such.</li> </ul>
<p><b>ADULT PRE BRONZE</b></p> <p><b>1:40 maximum</b></p>	<p><b>Max 4 Jump Elements</b></p> <ul style="list-style-type: none"> <li>Max 2 combinations or sequences</li> <li>1 jump combination/sequence may contain 3 jumps, and the other may contain only 2 jumps.</li> <li>Each jump may be repeated only once and only as part of a combination or sequence (maximum of 2 of any jump)</li> <li>Only single and half-revolution jumps are permitted</li> <li>No single Lutz, single Axel or double or triple jumps are permitted</li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>Min 3 revs</li> <li>Spins with a flying entry are not permitted</li> </ul>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>Connecting steps throughout the program are required</li> </ul>

## **OTHER SPECIALTY EVENTS (6.0)**

### **SNOWPLOW SAM – BASIC 6 ELEMENTS**

#### [\*\*CLICK HERE FOR REQUIREMENTS\*\*](#)

Format choice of the host: Each skater will perform each element when directed by a judge or referee or have the option to perform one element at a time in the order listed below (no excessive connecting steps). Referee driven format examples: all skaters perform first element before moving on to the next and so on, or each skater performs all of the required elements before moving on to the next skater.

- To be skated on 1/3 to 1/2 ice.
- No music.
- All elements must be skated in the order listed.**

### **PRE-FREE SKATE – FREE SKATE 6 COMPULSORY**

#### [\*\*CLICK HERE FOR REQUIREMENTS\*\*](#)

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.

- The skater must demonstrate the required elements and may use any additional elements from previous levels. Bonus skills from the same level or below are allowed but will not be judged elements.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time: 1:15 maximum

## **INTRODUCTORY LEVELS COMPULSORY**

### **[CLICK HERE FOR REQUIREMENTS](#)**

#### **\*BEGINNER & HIGH BEGINNER**

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- *Skaters may have the option to skate one level higher in compulsories than their free skate program.*

## **NO TEST – SENIOR COMPULSORY**

### **[CLICK HERE FOR REQUIREMENTS](#)**

General event parameters:

- No Test – Juvenile: Elements skated on ½ ice
- Intermediate – Senior: Elements skated on full-ice
- The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Music is not allowed.
- Skaters may compete at their test level or one level higher.

## **ADULT COMPLUSORY**

### **[CLICK HERE FOR REQUIREMENTS](#)**

General event parameters:

- Pre-Bronze to Silver: Elements skated on ½ ice
- Gold/Masters: Elements skated on full-ice
- Elements may be performed only once
- Music is not allowed
- Minimum number of revolutions is noted in parentheses

## **OTHER SPECIALTY EVENTS (6.0)**

### **JUMPS CHALLENGE**

#### **[CLICK HERE FOR REQUIREMENTS](#)**

#### **\*BEGINNER – SENIOR**

General event parameters:

- Each jump may be attempted twice; the best attempt will be counted
- Pre-juvenile and lower will be skated ½ ice; Juvenile through senior will be skated on full ice
- Jumps with an “\*” must be preceded with connecting steps (intermediate – senior)

### **ADULT JUMPS CHALLENGE**

#### **[CLICK HERE FOR REQUIREMENTS](#)**

General event parameters:

- Each jump may be attempted twice; the best attempt will be counted.

- Adult silver and lower will be skated ½ ice; adult gold – masters junior/senior will be skated on full ice
- Jumps with an “\*” must be preceded with connecting steps (intermediate – senior)

## **SPINS CHALLENGE**

### **[CLICK HERE FOR REQUIREMENTS](#)**

#### **\*BEGINNER – SENIOR**

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

## **ADULT SPINS CHALLENGE**

### **[CLICK HERE FOR REQUIREMENTS](#)**

General event parameters:

- Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. On required elements may be included.
- All events are skated on ½ ice.
- Minimum number of revolutions are noted in parentheses.

## **STEP SEQUENCE**

### **[CLICK HERE FOR REQUIREMENTS](#)**

#### **\*PRE-PRELIMINARY – SENIOR**

General event parameters:

- Levels are based on the skaters' highest Moves in the Fields test passed.
- Music of skater's choice, including vocal music, not to exceed the maximum (less time is fine).
- Skates perform two different step sequences of their choice; any shape or pattern is permitted; however, skaters must make it clear when their first step sequence ends, and their second begins.
- Each of the step sequences must include the required steps and/or turns listed for each level.
- Each step sequence may, and is encouraged to, include additional steps or turns.
- Each step sequence must utilize the full ice surface.
- Skaters are encouraged to focus on edge quality, clarity of turns, multi-directional and one-foot skating.

## **SHOWCASE EVENTS – SINGLES & DUETS**

Current guidelines and procedures for non qualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under "Programs" on the National Showcase page.

## **LIGHT ENTERTAINMENT EVENTS**

### **[CLICK HERE FOR REQUIREMENTS](#)**

#### **\*NO TEST – SENIOR AND ADULT PRE-BRONZE – MASTERS**

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.

## DRAMATIC ENTERTAINMENT EVENTS

### [CLICK HERE FOR REQUIREMENTS](#)

#### **\*NO TEST – SENIOR AND ADULT PRE-BRONZE – MASTERS**

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline.

## DUETS

### [CLICK HERE FOR REQUIREMENTS](#)

#### **\*NO TEST – SENIOR AND ADULT PRE-BRONZE – MASTERS**

Format:

- Duets are theatrical or artistic performances by any competitors.
- Props and scenery ARE permitted.

General event parameters:

- Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- The determination of level will be based upon test requirement at the entry deadline

## COMPETE USA SHOWCASE

### [CLICK HERE FOR REQUIREMENTS](#)

Format: Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted. 6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

Compete USA Showcase will include:

\*\* Levels can be subdivided, if necessary, depending on entry numbers and event set up

- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.